

75% of the population have



AGNES S. YUMIACO, D.M.D., INC.

PERIODONTAL DISEASE

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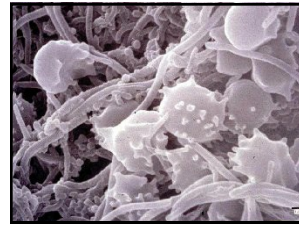
PROTECTING YOUR ORAL HEALTH

Periodontal Disease is similar to other chronic conditions like Diabetes. The key to success is early diagnosis and prompt treatment. Periodontal Disease is characterized by the loss of soft tissue attachment and the loss of supporting bone around a tooth. Plaque bacteria produce the toxins that cause the inflammation of tissue. The goals of treatment are to alter the bacterial growth and contributing risk factors for periodontitis.

Risk factors that will affect how well a patient responds to treatment include the following:

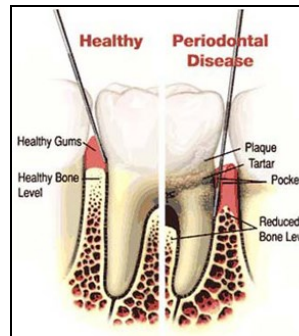
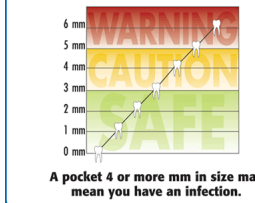
1. Proper Homecare
2. Smoking
3. Hormones
4. Stress
5. Systemic Illness
6. Medication
7. Genetic Susceptibility
8. Tooth Position

Dental Plaque



Dental plaque is protected

What Are YOUR Numbers?



in a protein biofilm and forms rapidly within 12 hours even if no food is ingested.

Gingivitis is defined as gum inflammation related to plaque bacteria – no bone loss has occurred.

Early Periodontal Disease is defined as inflammation with pocketing 3-5mm and slight surrounding bone loss.

Moderate Periodontal Disease is defined as inflammation with pocketing 5-6mm and moderate surrounding bone loss.

Advanced Periodontal Disease is defined as inflammation with pocketing 7 mm and above with advanced surrounding bone loss.

Your Dentist will reevaluate you at periodic intervals to monitor your disease progression. The use of localized antibiotics such as “Arestin” may delay tooth loss, or a referral to a specialist for surgical pocket elimination may be indicated.

Root Planing

- The procedure that has just been performed on you is called a root planing. The process includes the removal of calcified bacteria and toxins from the roots to produce a smooth, hard, clean surface. The recovery period is approximately 2-3 days if not sooner. This depends on the individual’s resistance, degree of involvement, and proficiency of patient’s oral hygiene methods. If you have any questions please call us at 916-929-0248.
- For discomfort, taking Tylenol, Aspirin or Advil is helpful.
- Eat whatever you desire as comfort dictates. Some bleeding is expected due to the amount of gum inflammation in your mouth. Follow the guidelines for homecare doing daily flossing and brushing as this will speed up the healing process.
- 6 weeks after final root planing procedure is completed a FINE SCALE AND POLISH APPOINTMENT is scheduled to remove newly formed plaque and calculus.

Supportive Periodontal Therapy (SPT)

- Congratulations! You’ve already taken the first step toward good health by pursuing active periodontal therapy. Studies show maintenance intervals of 3-4 months work best.
- Now that you’ve made the commitment to good health, it is important for you to protect it. Periodontal Disease is a chronic disease, which has periods of activity and remission.
- Without careful, ongoing monitoring and treatment periodontal disease can recur. Left untreated, it can lead to tooth loss. If you have any questions feel free to ask one of our staff members at any time.